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Narcolepsy E Chart: Full Illustrated

NARCOLEPSY

Synopsis It is theorized that there is hereditary disease involved in sporadic disease, though it is associated with environmental triggers, and hydrogenated transfats. It generally occurs in younger patients, and more research is being done to find the best both men and women can be affected equally. This disease is generally undiagnosed, even when the diagnosis is commonly known after onset.

CLINICAL FEATURES

- **Hypopituitarism** is common in these patients during childhood/adolescence. It may be a symptom of pituitary tumor, though.
- **Hypothyroidism** is common in the sporadic form of disease due to the tumor during adolescence. There may be no evidence of hypothyroidism in the sporadic form.
- **Hypogonadism** may be seen in the sporadic form. While taking estrogen or in undergoing gender reassignment, it is not unusual for patients to experience a temporary loss of libido.
- **Hypopituitarism** is common in the sporadic form. This may occur early and abruptly when the pituitary is located in the brain, and the pituitary is removed during surgery.

DIAGNOSIS

Initial history points to diagnosis of hypopituitarism. Diagnostic criteria according to the International Classification of Sleep Disorders:

- **Normal children:** at least 8 plus 1 or \geq 8 plus 2 plus 0.
- **Teenagers:**
 - **Normal children:** at least 8 plus 1 or \geq 8 plus 2 plus 0.
 - **Young patients:** hypopituitarism, hypothyroidism, disrupted sleep.
 - **Older patients:** hypopituitarism, hypothyroidism.
 - **Disorders associated with hypopituitarism:** acromegaly, Cushing's syndrome, diabetes insipidus.
 - **Low corticotropin-releasing hormone syndrome:**

DIFFERENTIAL DIAGNOSIS

Hypopituitarism is present in 1% of the general population, although some individuals are less susceptible. Possible etiologies include:

- Sleep apnea syndrome
- Hypothyroidism
- Cushing's syndrome
- Diabetes insipidus
- Pituitary adenoma
- Pituitary hypopituitarism

Heredity might be involved in the development of the disease.

ETIOLOGY

Single or more brain endocrine glands are thought to play a role in hypopituitarism, and most common causes include pituitary adenoma, pituitary stalk compression, and pituitary infarction. Other causes include genetic, such as POF1B, and hypopituitarism, which may be found only in 1% of the general population.

RISK FACTORS

• **Genetic factors:**

- POF1B (autosomal recessive)
- Hypothalamic hamartoma
- Pituitary adenoma
- Pituitary stalk compression
- Pituitary infarction
- Hypopituitarism in children
- High body mass index (BMI)

Pituitary infarction from atherosclerotic process with areas of hypoperfusion that causes tissue to fall setting in when they die.

Hereditary factors found to be hypopituitarism that syndromes, hypopituitarism, and inheritance to the control of sleep. These patients suffering from hypopituitarism present with a loss of each cells failing to secrete hormones.



Synopsis

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